Arthritis

ARTHRITIS

Definition: Respondents who answered "ye"s to the question "have you ever been told by a doctor or other health professional that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?"

Prevalence of Arthritis

- South Dakota 27.9%
- All participants nationwide 27.0%

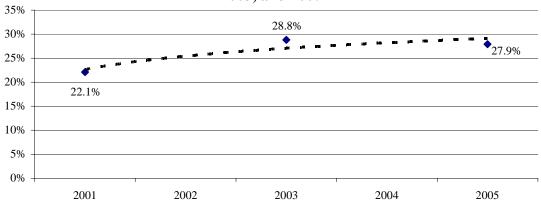
Healthy People 2010 Objective

There was no stated Healthy People 2010 Objective for having arthritis.

Trend Analysis

This question was asked in 2001, 2003, and 2005. There was an increase in the percent of respondents who have arthritis from 2001 to 2003 and a slight decrease from 2003 to 2005.

Figure 64
Percent of Respondents Who Were Told They Have Arthritis, 2001, 2003, and 2005



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2001, 2003, and 2005

Demographics

Gender Females exhibit a significantly larger percentage of those with arthritis than males.

Age The prevalence of arthritis increases as age increases with significant increases

occurring at the 35-44, 45-54, 55-64, and 75 and older age groups.

Race There are no significant racial differences observed from the available data.

Region The northeast, central, and west regions demonstrate a very high prevalence of arthritis, while the southeast and American Indian counties regions show a very low prevalence. Regional differences are more evident with females than males.

Household Income The prevalence of arthritis is lower in the higher income groups.

Education

The prevalence of arthritis generally decreases as education increases. This includes significant decreases as the some high school, some post-high school, and college graduate levels are reached.

Employment Status

Those who are retired or unable to work demonstrate a very high prevalence of arthritis, while those who are employed for wages, unemployed, or a student show a very low prevalence.

Marital Status Those who are widowed exhibit a very high prevalence of arthritis, while those who have never been married show a very low prevalence.

| Table 84 Respondents Who Were Told They Have Arthritis, 2005 | | | | | | | | | | |
|--|---------|-------|-------------|---------|------|-------------|---------|--------|-------------|--|
| - MC | Sponden | Total | | | | | 1005 | Female | | |
| | # Resp. | % | 95% CI | # Resp. | % | 95% CI | # Resp. | % | 95% CI | |
| Total | 6,842 | 27.9 | (26.6-29.2) | 2,812 | 25.4 | (23.5-27.3) | 4,030 | 30.3 | (28.7-32.1) | |
| Age | | | | · | | | | | | |
| 18-24 | 319 | 4.8 | (2.7-8.5) | 125 | 2.1 | (0.4-8.9) | 194 | 7.8 | (4.3-13.8) | |
| 25-34 | 858 | 10.3 | (8.1-13.0) | 362 | 11.7 | (8.4-16.1) | 496 | 8.8 | (6.3-12.2) | |
| 35-44 | 1,122 | 17.2 | (14.7-20.0) | 489 | 17.5 | (14.0-21.8) | 633 | 16.8 | (13.6-20.6) | |
| 45-54 | 1,347 | 30.1 | (27.4-33.0) | 617 | 29.8 | (25.8-34.2) | 730 | 30.4 | (26.7-34.3) | |
| 55-64 | 1,159 | 46.2 | (42.9-49.6) | 507 | 43.7 | (38.8-48.7) | 652 | 48.8 | (44.4-53.3) | |
| 65-74 | 985 | 51.7 | (48.1-55.3) | 402 | 45.8 | (40.2-51.4) | 583 | 56.9 | (52.3-61.5) | |
| 75+ | 1,012 | 59.2 | (55.6-62.7) | 300 | 53.8 | (47.3-60.1) | 712 | 62.7 | (58.4-66.7) | |
| Race | | | | | | | | | | |
| White | 6,140 | 28.2 | (26.8-29.5) | 2,526 | 25.9 | (23.9-27.9) | 3,614 | 30.4 | (28.7-32.2) | |
| American Indian | 484 | 29.4 | (24.3-35.1) | 193 | 24.6 | (17.7-33.0) | 291 | 34.2 | (27.3-41.7) | |
| Region | | | | | | | | | | |
| Southeast | 1,567 | 24.4 | (22.1-26.8) | 654 | 21.9 | (18.7-25.6) | 913 | 27.0 | (24.0-30.2) | |
| Northeast | 1,521 | 30.5 | (28.0-33.2) | 589 | 28.1 | (24.3-32.2) | 932 | 32.6 | (29.3-36.1) | |
| Central | 1,401 | 32.1 | (29.5-34.9) | 610 | 29.4 | (25.5-33.5) | 791 | 35.0 | (31.5-38.7) | |
| West | 1,653 | 29.9 | (27.6-32.4) | 662 | 27.3 | (23.8-31.1) | 991 | 32.4 | (29.2-35.7) | |
| American Indian Counties | 700 | 24.1 | (20.6-28.1) | 297 | 23.5 | (18.4-29.6) | 403 | 24.8 | (20.2-29.9) | |
| Household Income | | | | | | | | | | |
| Less than \$10,000 | 359 | 37.6 | (31.5-44.1) | 100 | 30.4 | (20.5-42.5) | 259 | 40.9 | (33.6-48.6) | |
| \$10,000-\$14,999 | 467 | 51.5 | (43.9-58.9) | 133 | 45.3 | (31.5-59.9) | 334 | 55.8 | (48.4-62.9) | |
| \$15,000-\$19,999 | 473 | 41.5 | (36.2-47.1) | 177 | 44.1 | (35.5-53.1) | 296 | 39.6 | (33.0-46.7) | |
| \$20,000-\$24,999 | 631 | 30.2 | (26.1-34.6) | 243 | 26.3 | (20.4-33.1) | 388 | 33.3 | (28.0-39.1) | |
| \$25,000-\$34,999 | 947 | 31.3 | (27.7-35.1) | 412 | 25.8 | (21.1-31.1) | 535 | 37.0 | (32.0-42.3) | |
| \$35,000-\$49,999 | 1,219 | 24.5 | (21.9-27.4) | 555 | 25.1 | (21.3-29.4) | 664 | 23.9 | (20.5-27.6) | |
| \$50,000-\$74,999 | 1,029 | 23.9 | (21.1-27.0) | 495 | 23.9 | (19.9-28.4) | 534 | 23.9 | (20.0-28.2) | |
| \$75,000+ | 867 | 20.4 | (17.6-23.5) | 463 | 21.8 | (18.0-26.3) | 404 | 18.3 | (14.6-22.6) | |
| Education | | | | | | | | | | |
| 8 th Grade or Less | 322 | 51.4 | (44.7-58.2) | 151 | 45.6 | (36.1-55.3) | 171 | 58.5 | (48.6-67.7) | |
| Some High School | 398 | 29.3 | (23.4-36.0) | 175 | 24.7 | (16.9-34.5) | 223 | 35.3 | (27.5-44.1) | |
| High School or G.E.D. | 2,174 | 32.3 | (30.0-34.7) | 951 | 28.8 | (25.5-32.3) | 1,223 | 36.1 | (32.9-39.3) | |
| Some Post-High School | 1,969 | 26.9 | (24.6-29.4) | 709 | 23.5 | (20.1-27.4) | 1,260 | 29.6 | (26.6-32.8) | |
| College Graduate | 1,971 | 21.7 | (19.7-23.8) | 822 | 21.2 | (18.3-24.5) | 1,149 | 22.2 | (19.6-24.9) | |
| Employment Status | | | | | | | | | | |
| Employed for Wages | 3,324 | 20.2 | (18.7-21.9) | 1,367 | 19.2 | (16.9-21.7) | 1,957 | 21.2 | (19.2-23.4) | |
| Self-employed | 897 | 23.9 | (20.8-27.3) | 596 | 25.5 | (21.6-29.8) | 301 | 20.4 | (15.9-25.8) | |
| Unemployed | 170 | 18.4 | (12.4-26.4) | * | * | * | * | * | * | |
| Homemaker | 407 | 33.7 | (28.7-39.1) | * | * | * | * | * | * | |
| Student | 126 | 9.6 | (4.7-18.7) | * | * | * | * | * | * | |
| Retired | 1,632 | 55.5 | (52.7-58.3) | 602 | 50.2 | (45.7-54.8) | 1,030 | 59.9 | (56.4-63.3) | |
| Unable to Work | 283 | 61.7 | (54.5-68.4) | 119 | 65.6 | (54.4-75.3) | 164 | 58.3 | (48.9-67.1) | |

| Table 84 (continued) Respondents Who Were Told They Have Arthritis, 2005 | | | | | | | | | |
|--|---------|-------------------|-------------|---------|------|-------------|---------|------|-------------|
| | | Total Male Female | | | | | | | le |
| | # Resp. | % | 95% CI | # Resp. | % | 95% CI | # Resp. | % | 95% CI |
| Marital Status | | | | | | | | | |
| Married/Unmarried Couple | 4,100 | 27.9 | (26.4-29.5) | 1,836 | 28.5 | (26.3-30.9) | 2,264 | 27.4 | (25.4-29.4) |
| Divorced/Separated | 952 | 34.6 | (31.0-38.3) | 394 | 32.5 | (27.1-38.4) | 558 | 36.3 | (31.7-41.2) |
| Widowed | 965 | 58.3 | (54.6-61.9) | 162 | 48.3 | (38.9-57.7) | 803 | 60.8 | (56.8-64.5) |
| Never Married | 815 | 12.1 | (9.5-15.2) | 416 | 9.3 | (6.5-13.2) | 399 | 16.3 | (11.9-21.7) |

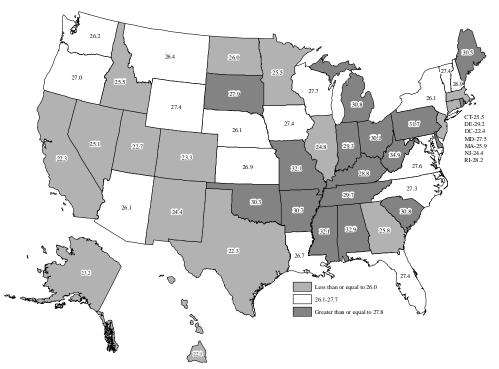
Note: *Results based on sample sizes less than 100 have been suppressed.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2005

National Statistics

The national median for respondents who have arthritis is 27.0 percent. South Dakota had 27.9 percent of respondents who were told they have arthritis. Hawaii had the lowest percent of respondents who have arthritis with 22.1 percent, while West Virginia had the highest percent of respondents who have arthritis with 34.9 percent.

Figure 65 Nationally, Respondents Who Were Told They Have Arthritis, 2005



 $Source: The \ Behavioral \ Risk \ Factor \ Surveillance \ System, \ South \ Dakota \ Department \ of \ Health, \ 2005$

Further Analysis

Following are data illustrating the percent of those who have arthritis for various health behaviors and conditions. For example, 30.6 percent of respondents who stated they do not participate in vigorous physical activity have arthritis, while 19.1 percent of respondents who participate in vigorous physical activity have arthritis.

| Table 85 Have Arthritis for Selected Health Behaviors and Conditions, 2005 | | | | | | | | |
|--|---------------|-------------|-----------|--|--|--|--|--|
| Health Behavior or Condition | # Respondents | % Arthritis | 95% CI | | | | | |
| Fair or Poor Health Status | 1,121 | 56.0 | 52.0-59.9 | | | | | |
| Excellent, Very Good, or Good Health Status | 5,714 | 23.8 | 22.5-25.1 | | | | | |
| Physical Health Not Good for 30 days of the past 30 | 512 | 64.8 | 59.2-70.0 | | | | | |
| Physical Health Not Good for 0-29 days of the past 30 | 6,263 | 25.5 | 24.3-26.8 | | | | | |
| Mental Health Not Good for 20-30 days of the past 30 | 355 | 40.2 | 33.9-46.9 | | | | | |
| Mental Health Not Good for 0-19 days of the past 30 | 6,443 | 27.1 | 25.9-28.5 | | | | | |
| Usual Activities Unattainable for 10-30 Days of the Past 30 | 459 | 63.0 | 57.5-68.3 | | | | | |
| Usual Activities Unattainable for 0-9 Days of the Past 30 | 6,346 | 25.8 | 24.5-27.1 | | | | | |
| Dissatisfied / Very Dissatisfied with Life | 268 | 49.9 | 41.6-58.1 | | | | | |
| Satisfied / Very Satisfied with Life | 6,414 | 27.4 | 26.1-28.7 | | | | | |
| Obese (BMI = $30.0+$) | 1,761 | 37.3 | 34.5-40.2 | | | | | |
| Overweight (BMI = 25.0-29.9) | 2,528 | 28.2 | 26.3-30.3 | | | | | |
| Recommended Weight (BMI = 18.5-24.9) | 2,192 | 21.0 | 19.0-23.1 | | | | | |
| Underweight (BMI < 18.5) | 102 | 21.5 | 12.8-33.7 | | | | | |
| No Leisure Time Physical Activity | 1,756 | 37.2 | 34.4-40.0 | | | | | |
| Leisure Time Physical Activity | 5,085 | 25.2 | 23.8-26.7 | | | | | |
| No Moderate Physical Activity | 3,596 | 31.3 | 29.5-33.1 | | | | | |
| Moderate Physical Activity | 2,941 | 24.1 | 22.3-26.0 | | | | | |
| No Vigorous Physical Activity | 5,387 | 30.6 | 29.1-32.1 | | | | | |
| Vigorous Physical Activity | 1,281 | 19.1 | 16.8-21.6 | | | | | |
| Less Than Five Servings of Fruits and Vegetables | 5,211 | 26.0 | 24.6-27.5 | | | | | |
| At Least Five Servings of Fruits and Vegetables | 1,592 | 35.6 | 32.7-38.6 | | | | | |
| Not Heard of "Healthy South Dakota" Program | 4,465 | 26.5 | 24.9-28.0 | | | | | |
| Heard of "Healthy South Dakota" Program | 2,125 | 32.4 | 30.0-34.9 | | | | | |
| Current Smoker | 1,301 | 28.5 | 25.5-31.7 | | | | | |
| Former Smoker | 1,912 | 37.5 | 35.0-40.2 | | | | | |
| Never Smoked | 3,611 | 23.1 | 21.5-24.7 | | | | | |
| Smokeless Tobacco Use | 361 | 20.0 | 15.5-25.4 | | | | | |
| No Smokeless Tobacco Use | 6,318 | 28.9 | 27.5-30.2 | | | | | |
| Drank Alcohol in Past 30 Days | 3,635 | 23.1 | 21.6-24.7 | | | | | |
| No Alcohol in Past 30 Days | 3,195 | 34.7 | 32.7-36.8 | | | | | |
| Binge Drinker | 901 | 16.3 | 13.8-19.2 | | | | | |
| Not a Binge Drinker | 5,873 | 30.6 | 29.2-32.0 | | | | | |
| Heavy Drinker | 236 | 20.5 | 14.9-27.5 | | | | | |
| Not a Heavy Drinker | 6,505 | 28.4 | 27.1-29.7 | | | | | |
| Hypertension | 2,200 | 48.3 | 45.8-50.9 | | | | | |
| No Hypertension | 4,635 | 21.0 | 19.7-22.4 | | | | | |
| High Blood Cholesterol | 2,067 | 44.4 | 41.9-47.0 | | | | | |
| No High Blood Cholesterol | 3,403 | 28.0 | 26.3-29.8 | | | | | |
| Not Taking any Precautions Against West Nile Virus | 2,102 | 29.6 | 27.3-32.1 | | | | | |
| Taking Precautions Against West Nile Virus | 4,547 | 27.7 | 26.2-29.3 | | | | | |
| No Health Insurance (18-64) | 414 | 19.1 | 14.9-24.2 | | | | | |
| Health Insurance (18-64) | 4,222 | 21.9 | 20.5-23.4 | | | | | |
| Employer Based Health Insurance Coverage (18-64) | 2,769 | 20.6 | 19.0-22.4 | | | | | |
| Private Health Insurance Plan (18-64) | 637 | 18.3 | 15.2-21.9 | | | | | |
| Medicare (18-64) | 146 | 53.5 | 43.6-63.1 | | | | | |
| Medicaid or Medical Assistance (18-64) | 180 | 24.3 | 16.4-34.4 | | | | | |
| The Military, CHAMPUS, TriCare, or the VA (18-64) | 212 | 27.4 | 21.1-34.7 | | | | | |
| The Indian Health Service (18-64) | 227 | 23.6 | 17.4-31.1 | | | | | |
| No Flu Shot (65+) | 497 | 46.0 | 40.9-51.1 | | | | | |
| Flu Shot (65+) | 1,494 | 58.7 | 55.8-61.6 | | | | | |

| Table 85 (continued) Have Arthritis for Selected Health Behaviors and Conditions, 2005 | | | | | | | |
|--|---------------|-------------|-----------|--|--|--|--|
| Health Behavior or Condition | # Respondents | % Arthritis | 95% CI | | | | |
| No Pneumonia Shot (65+) | 650 | 46.3 | 41.8-50.8 | | | | |
| Pneumonia Shot (65+) | 1,283 | 60.7 | 57.5-63.8 | | | | |
| Diabetes | 602 | 52.9 | 48.0-57.7 | | | | |
| No Diabetes | 6,239 | 26.2 | 24.9-27.5 | | | | |
| Current Asthma | 509 | 46.2 | 40.3-52.2 | | | | |
| Former Asthma | 176 | 25.9 | 19.1-34.0 | | | | |
| Never Had Asthma | 6,126 | 26.4 | 25.1-27.7 | | | | |
| Previously Had a Heart Attack | 429 | 60.9 | 55.1-66.5 | | | | |
| Never Had a Heart Attack | 6,373 | 26.3 | 25.0-27.6 | | | | |
| Have Angina or Coronary Heart Disease | 439 | 65.0 | 59.5-70.1 | | | | |
| Do Not Have Angina or Coronary Heart Disease | 6,344 | 26.1 | 24.8-27.4 | | | | |
| Previously Had a Stroke | 254 | 64.7 | 55.8-72.6 | | | | |
| Never Had a Stroke | 6,572 | 26.7 | 25.5-28.0 | | | | |
| Physical, Mental, or Emotional Disability | 1,580 | 59.2 | 55.8-62.6 | | | | |
| No Physical, Mental, or Emotional Disability | 5,254 | 20.5 | 19.3-21.8 | | | | |
| Disability with Special Equipment Needed | 603 | 71.5 | 65.6-76.8 | | | | |
| No Disability with Special Equipment Needed | 6,239 | 25.0 | 23.7-26.3 | | | | |
| Two or More Hours of TV Watched per Day | 4,844 | 31.6 | 30.0-33.2 | | | | |
| Less Than Two Hours of TV Watched per Day | 1,774 | 20.2 | 18.1-22.5 | | | | |
| Never Been Tested for HIV (18-64) | 3,483 | 20.5 | 18.9-22.1 | | | | |
| Been Tested for HIV (18-64) | 1,149 | 23.8 | 21.0-26.7 | | | | |
| Military Veteran | 1,113 | 38.1 | 34.8-41.6 | | | | |
| Not a Military Veteran | 5,725 | 26.0 | 24.6-27.3 | | | | |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2005

LIMITED BECAUSE OF ARTHRITIS

Definition: Respondents who answered "yes" to the question "are you now limited in any way in any of your usual activities because of arthritis or joint symptoms?"

Prevalence of Limited Because of Arthritis

- o South Dakota 13.4%
- There is no nationwide data available for activities limited because of arthritis

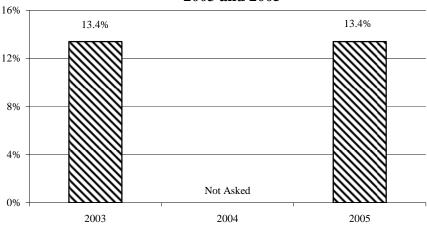
Healthy People 2010 Objective

There was no stated Healthy People 2010 Objective for being limited from activities because of arthritis.

Trend Analysis

This question has only been asked two years, 2003 and 2005. The percent of respondents who were limited because of arthritis remained unchanged from 2003 to 2005 with 13.4 percent.

Figure 66
Percent of Respondents Who Were Limited Because of Arthritis, 2003 and 2005



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2003 and 2005

Demographics

Gender There is no significant gender difference shown by the available data.

Age Limited activities due to arthritis increases as age increases with the most notable

increases occurring at the 35-44, 55-64, and 75 and older age groups.

Race American Indians exhibit a significantly larger percentage of those with activities

limited due to arthritis than whites. This difference is more evident in females

than males.

Region Those in the central region demonstrate a very high prevalence of limited activities due to arthritis, while those in the southeast region show a very low

prevalence. This regional difference is much more evident in females than males.

Household Income

The prevalence of limited activities due to arthritis generally decreases as household income increases. This association is more evident in females than males.

Education

The prevalence of limited activities due to arthritis decreases as education levels increase. This includes a significant decrease as the some high school level is reached.

Employment Status

Those who are unable to work demonstrate a very high prevalence of limited activities due to arthritis, while those who are employed for wages or a student show a very low prevalence. Females who are self-employed also show a very low prevalence.

Marital Status

Those who are widowed exhibit a very high prevalence of limited activities due to arthritis, while those who have never been married show a very low prevalence. Males who are divorced show a very high prevalence and females who are married show a very low prevalence.

| Table 86 Respondents Who Are Limited Because of Arthritis, 2005 | | | | | | | | | |
|---|---------|------------------|-------------|---------|------|-------------|---------|------|-------------|
| Nes | i I | S VVIIO Total | Are Linn | Male | | | Female | | |
| | # Resp. | % | 95% CI | # Resp. | % | 95% CI | # Resp. | % | 95% CI |
| Total | 6,837 | 13.4 | (12.5-14.4) | 2,810 | 12.8 | (11.4-14.3) | 4.027 | 14.1 | (12.9-15.4) |
| Age | | | , | , | | , | , | | , |
| 18-24 | 319 | 4.6 | (2.5-8.4) | 125 | 4.0 | (1.5-10.3) | 194 | 5.4 | (2.5-11.2) |
| 25-34 | 859 | 5.2 | (3.8-7.1) | 361 | 5.5 | (3.5-8.5) | 498 | 4.8 | (3.1-7.4) |
| 35-44 | 1,123 | 9.2 | (7.4-11.4) | 490 | 9.3 | (6.6-12.9) | 633 | 9.1 | (6.8-12.0) |
| 45-54 | 1,344 | 12.9 | (11.0-15.0) | 616 | 12.4 | (9.7-15.7) | 728 | 13.4 | (10.9-16.4) |
| 55-64 | 1,161 | 20.6 | (18.0-23.4) | 509 | 20.0 | (16.3-24.2) | 652 | 21.2 | (17.9-25.0) |
| 65-74 | 985 | 22.2 | (19.4-25.4) | 402 | 22.5 | (18.2-27.5) | 583 | 22.0 | (18.4-26.1) |
| 75+ | 1,006 | 31.5 | (28.3-35.0) | 297 | 32.7 | (26.9-39.1) | 709 | 30.8 | (27.1-34.8) |
| Race | | | | | | | | | |
| White | 6,135 | 13.2 | (12.2-14.2) | 2,525 | 12.5 | (11.1-14.1) | 3,610 | 13.9 | (12.6-15.2) |
| American Indian | 485 | 20.3 | (16.0-25.4) | 194 | 18.7 | (12.6-26.9) | 291 | 21.8 | (16.3-28.6) |
| Region | | | , | | | , | | | , |
| Southeast | 1,565 | 11.5 | (9.9-13.4) | 652 | 10.7 | (8.4-13.5) | 913 | 12.5 | (10.3-15.0) |
| Northeast | 1,521 | 13.1 | (11.4-15.0) | 589 | 12.4 | (9.9-15.4) | 932 | 13.7 | (11.5-16.2) |
| Central | 1,397 | 16.6 | (14.6-18.9) | 609 | 15.6 | (12.7-19.0) | 788 | 17.7 | (15.1-20.7) |
| West | 1,653 | 15.1 | (13.3-17.1) | 662 | 15.0 | (12.3-18.3) | 991 | 15.2 | (13.0-17.7) |
| American Indian Counties | 701 | 15.5 | (12.3-19.5) | 298 | 15.0 | (10.2-21.4) | 403 | 16.1 | (12.1-21.1) |
| Household Income | | | | | | | | | |
| Less than \$10,000 | 360 | 29.1 | (23.7-35.1) | 101 | 26.9 | (17.7-38.6) | 259 | 30.1 | (23.8-37.3) |
| \$10,000-\$14,999 | 466 | 29.1 | (23.6-35.2) | 133 | 28.4 | (18.7-40.7) | 333 | 29.5 | (23.9-35.9) |
| \$15,000-\$19,999 | 475 | 21.0 | (17.1-25.6) | 179 | 27.2 | (20.3-35.5) | 296 | 16.4 | (12.4-21.4) |
| \$20,000-\$24,999 | 633 | 17.1 | (13.9-20.8) | 244 | 18.3 | (13.3-24.6) | 389 | 16.1 | (12.3-20.8) |
| \$25,000-\$34,999 | 946 | 17.1 | (14.3-20.3) | 410 | 14.1 | (10.4-18.9) | 536 | 20.1 | (16.3-24.6) |
| \$35,000-\$49,999 | 1,218 | 10.9 | (9.1-13.0) | 555 | 11.3 | (8.8-14.5) | 663 | 10.4 | (8.1-13.3) |
| \$50,000-\$74,999 | 1,028 | 7.3 | (5.8-9.2) | 495 | 6.7 | (4.7-9.5) | 533 | 8.0 | (5.9-10.9) |
| \$75,000+ | 865 | 7.8 | (5.7-10.4) | 461 | 8.8 | (5.9-12.9) | 404 | 6.1 | (4.0-9.3) |
| Education | | | | | | | | | |
| 8 th Grade or Less | 320 | 31.6 | (25.6-38.3) | 149 | 30.1 | (21.7-40.2) | 171 | 33.3 | (25.3-42.4) |
| Some High School | 399 | 18.6 | (14.3-23.8) | 176 | 20.1 | (13.8-28.3) | 223 | 16.6 | (11.8-22.9) |
| High School or G.E.D. | 2,171 | 15.0 | (13.4-16.7) | 948 | 12.9 | (10.8-15.4) | 1,223 | 17.2 | (15.0-19.7) |
| Some Post-High School | 1,970 | 12.6 | (10.8-14.5) | 711 | 11.9 | (9.2-15.2) | 1,259 | 13.1 | (11.0-15.6) |
| College Graduate | 1,969 | 9.8 | (8.5-11.4) | 822 | 9.6 | (7.6-12.1) | 1,147 | 10.0 | (8.3-12.1) |

| Table 86 (continued) Respondents Who Are Limited Because of Arthritis, 2005 | | | | | | | | | |
|---|---------|-------|-------------|---------|------|-------------|---------|------|-------------|
| | | Total | | | Male | ; | Female | | |
| | # Resp. | % | 95% CI | # Resp. | % | 95% CI | # Resp. | % | 95% CI |
| Employment Status | | | | | | | | | |
| Employed for Wages | 3,325 | 7.4 | (6.5-8.5) | 1,366 | 7.4 | (6.0-9.0) | 1,959 | 7.5 | (6.4-8.8) |
| Self-employed | 896 | 11.7 | (9.4-14.4) | 597 | 12.1 | (9.4-15.5) | 299 | 10.6 | (7.1-15.6) |
| Unemployed | 170 | 15.1 | (9.7-22.8) | * | * | * | * | * | * |
| Homemaker | 407 | 13.9 | (10.6-18.2) | * | * | * | * | * | * |
| Student | 126 | 10.3 | (4.6-21.4) | * | * | * | * | * | * |
| Retired | 1,626 | 27.3 | (24.9-29.9) | 599 | 27.0 | (23.1-31.3) | 1,027 | 27.5 | (24.5-30.7) |
| Unable to Work | 284 | 56.0 | (48.9-62.9) | 120 | 58.4 | (47.3-68.6) | 164 | 54.0 | (44.8-63.0) |
| Marital Status | | | | | | | | | |
| Married/Unmarried Couple | 4,098 | 12.6 | (11.5-13.7) | 1,835 | 13.5 | (11.9-15.3) | 2,263 | 11.6 | (10.3-13.1) |
| Divorced/Separated | 951 | 19.5 | (16.7-22.7) | 394 | 18.2 | (14.0-23.2) | 557 | 20.6 | (16.9-24.9) |
| Widowed | 962 | 28.6 | (25.5-31.9) | 160 | 29.0 | (21.6-37.7) | 802 | 28.5 | (25.1-32.1) |
| Never Married | 816 | 7.8 | (5.6-11.0) | 417 | 6.3 | (3.8-10.4) | 399 | 10.1 | (6.4-15.5) |

Note: *Results based on sample sizes less than 100 have been suppressed.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2005

Further Analysis

Following are data illustrating the percent of those who are limited because of arthritis for various health behaviors and conditions. For example, 20.9 percent of respondents who stated they are obese are limited because of arthritis, while 9.1 percent of respondents who stated they are at their recommended weight are limited because of arthritis.

| Table 87 Respondents Who Are Limited Because of Arthritis for Selected Health Behaviors and Conditions, 2005 | | | | | | | |
|--|---------------|--------------------------------|-----------|--|--|--|--|
| Health Behavior or Condition | # Respondents | % Limited Because of Arthritis | 95% CI | | | | |
| Fair or Poor Health Status | 1,119 | 42.3 | 38.6-46.0 | | | | |
| Excellent, Very Good, or Good Health Status | 5,711 | 9.2 | 8.4-10.2 | | | | |
| Physical Health Not Good for 30 days of the past 30 | 512 | 50.3 | 44.8-55.8 | | | | |
| Physical Health Not Good for 0-29 days of the past 30 | 6,260 | 11.0 | 10.2-12.0 | | | | |
| Mental Health Not Good for 20-30 days of the past 30 | 354 | 31.3 | 25.6-37.7 | | | | |
| Mental Health Not Good for 0-19 days of the past 30 | 6,440 | 12.4 | 11.5-13.4 | | | | |
| Usual Activities Unattainable for 10-30 Days of the Past 30 | 460 | 53.7 | 48.2-59.1 | | | | |
| Usual Activities Unattainable for 0-9 Days of the Past 30 | 6,342 | 11.0 | 10.1-11.9 | | | | |
| Dissatisfied / Very Dissatisfied with Life | 269 | 31.6 | 25.2-38.9 | | | | |
| Satisfied / Very Satisfied with Life | 6,409 | 12.8 | 11.9-13.8 | | | | |
| Obese $(BMI = 30.0+)$ | 1,762 | 20.9 | 18.7-23.4 | | | | |
| Overweight (BMI = 25.0-29.9) | 2,525 | 12.4 | 11.1-13.9 | | | | |
| Recommended Weight (BMI = 18.5-24.9) | 2,189 | 9.1 | 7.8-10.7 | | | | |
| Underweight (BMI < 18.5) | 102 | 8.6 | 3.7-18.9 | | | | |
| No Leisure Time Physical Activity | 1,756 | 21.9 | 19.8-24.3 | | | | |
| Leisure Time Physical Activity | 5,080 | 11.0 | 10.0-12.1 | | | | |
| No Moderate Physical Activity | 3,596 | 16.0 | 14.7-17.4 | | | | |
| Moderate Physical Activity | 2,936 | 10.7 | 9.4-12.1 | | | | |
| No Vigorous Physical Activity | 5,385 | 15.1 | 14.0-16.2 | | | | |
| Vigorous Physical Activity | 1,280 | 8.1 | 6.4-10.2 | | | | |
| Less Than Five Servings of Fruits and Vegetables | 5,210 | 13.0 | 12.0-14.1 | | | | |
| At Least Five Servings of Fruits and Vegetables | 1,589 | 15.3 | 13.2-17.6 | | | | |
| Not Heard of "Healthy South Dakota" Program | 4,463 | 13.1 | 12.0-14.3 | | | | |
| Heard of "Healthy South Dakota" Program | 2,124 | 14.4 | 12.7-16.4 | | | | |

Table 87 (continued) Respondents Who Are Limited Because of Arthritis for Selected Health Behaviors and Conditions, 2005

| Conditions, 2005 | | | | | | | | | |
|---|-----------------|-------------------|-----------------------|--|--|--|--|--|--|
| Hooldh Bohavian au Condition | # Dogwood doute | % Limited Because | 050/ CT | | | | | | |
| Health Behavior or Condition | # Respondents | of Arthritis | 95% CI | | | | | | |
| Current Smoker Former Smoker | 1,304 | 14.1 18.4 | 12.0-16.4 | | | | | | |
| Never Smoked | 1,905 3,610 | 18.4 | 16.5-20.5 9.7-12.2 | | | | | | |
| | | | | | | | | | |
| Smokeless Tobacco Use | 362 | 6.9 14.1 | 4.8-10.0 | | | | | | |
| No Smokeless Tobacco Use | 6,312 | | 13.1-15.1 | | | | | | |
| Drank Alcohol in Past 30 Days | 3,635 | 9.7 | 8.6-10.8 | | | | | | |
| No Alcohol in Past 30 Days | 3,190 | 18.8 | 17.2-20.6 | | | | | | |
| Binge Drinker | 900 | 5.7 | 4.4-7.4 | | | | | | |
| Not a Binge Drinker | 5,869 | 15.2 | 14.1-16.3 | | | | | | |
| Heavy Drinker | 236 | 7.7 | 4.9-12.0 | | | | | | |
| Not a Heavy Drinker | 6,499 | 13.7 | 12.8-14.7 | | | | | | |
| Hypertension | 2,193 | 24.1 | 22.0-26.4 | | | | | | |
| No Hypertension | 4,637 | 9.9 | 8.9-10.9 | | | | | | |
| High Blood Cholesterol | 2,062 | 19.9 | 18.0-22.0 | | | | | | |
| No High Blood Cholesterol | 3,400 | 13.3 | 12.0-14.7 | | | | | | |
| Not Taking any Precautions Against West Nile Virus | 2,101 | 15.3 | 13.6-17.2 | | | | | | |
| Taking Precautions Against West Nile Virus | 4,545 | 12.8 | 11.7-14.0 | | | | | | |
| No Health Insurance (18-64) | 416 | 13.1 | 9.1-18.3 | | | | | | |
| Health Insurance (18-64) | 4,223 | 9.9 | 9.0-11.0 | | | | | | |
| Employer Based Health Insurance Coverage (18-64) | 2,767 | 7.3 | 6.3-8.4 | | | | | | |
| Private Health Insurance Plan (18-64) | 638 | 7.8 | 5.6-10.6 | | | | | | |
| Medicare (18-64) | 146 | 46.5 | 37.0-56.3 | | | | | | |
| Medicaid or Medical Assistance (18-64) | 181 | 18.9 | 12.6-27.3 | | | | | | |
| The Military, CHAMPUS, TriCare, or the VA (18-64) | 213 | 19.1 | 14.1-25.3 | | | | | | |
| The Indian Health Service (18-64) | 227 | 16.9 | 11.3-24.6 | | | | | | |
| No Flu Shot (65+) | 495 | 20.5 | 16.7-25.0 | | | | | | |
| Flu Shot (65+) | 1,490 | 29.2 | 26.6-32.0 | | | | | | |
| No Pneumonia Shot (65+) | 649 | 18.7 | 15.5-22.4 | | | | | | |
| Pneumonia Shot (65+) | 1,278 | 31.6 | 28.7-34.7 | | | | | | |
| Diabetes | 601 | 30.1 | 25.9-34.7 | | | | | | |
| No Diabetes | 6,235 | 12.3 | 11.4-13.3 | | | | | | |
| Current Asthma | 508 | 27.3 | 22.6-32.7 | | | | | | |
| Former Asthma | 175 | 10.2 | 6.6-15.4 | | | | | | |
| Never Had Asthma | 6,124 | 12.3 | 11.4-13.3 | | | | | | |
| Previously Had a Heart Attack | 425 | 34.3 | 29.1-39.8 | | | | | | |
| Never Had a Heart Attack | 6,373 | 12.4 | 11.5-13.4 | | | | | | |
| Have Angina or Coronary Heart Disease | 434 | 37.9 | 32.7-43.4 | | | | | | |
| Do Not Have Angina or Coronary Heart Disease | 6,345 | 12.2 | 11.3-13.2 | | | | | | |
| Previously Had a Stroke | 252 | 43.0 | 35.2-51.2 | | | | | | |
| Never Had a Stroke | 6,569 | 12.5 | 11.6-13.5 | | | | | | |
| Physical, Mental, or Emotional Disability | 1,580 | 49.8 | 46.5-53.1 | | | | | | |
| No Physical, Mental, or Emotional Disability | 5,249 | 4.9 | 4.3-5.6 | | | | | | |
| Disability with Special Equipment Needed | 601 | 54.4 | 48.8-60.0 | | | | | | |
| No Disability with Special Equipment Needed | 6,236 | 10.7 | 9.9-11.6 | | | | | | |
| Two or More Hours of TV Watched per Day | 4,846 | 15.3 | 14.1-16.5 | | | | | | |
| Less Than Two Hours of TV Watched per Day | 1,768 | 9.4 | 8.0-11.0 | | | | | | |
| Never Been Tested for HIV (18-64) | 3,484 | 9.4 | 8.3-10.6 | | | | | | |
| Been Tested for HIV (18-64) | 1,150 | 12.6 | 10.6-14.9 | | | | | | |
| Military Veteran | 1,113 | 20.5 | 17.8-23.6 | | | | | | |
| Not a Military Veteran | 5,720 | 12.1 | 11.1-13.1 | | | | | | |
| Source: The Rehavioral Pick Factor Surveillance System South Daketa | , | | 11.1 12.1 | | | | | | |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2005